

COMPLETION REPORT

Jayabaya University
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Subject of Research Project:

Government of Japan and Community Support to the Welfare of The Japanese Elderly as A Best Practice for Public Services for the Elderly in Indonesia

The growth of the elderly population in Indonesia encourages the improvement of policies for the protection and services for better living for the elderly. Regarding the need for benchmarking, Japan is one of the countries with reasonable policies and practices supporting the elderly. Two locations in Japan, Tokyo and Tokunoshima Island, are appropriate for this study. In supporting older people, we collect information about best practices and lessons learnt, including the use of information and communication technology. The experiences have become the basis for promoting better elderly life support policies and good practices in Indonesia.

Based on a discussion conducted with Prof. Fukutake and academics at the Sophia University of Tokyo, the Japanese government has an Elderly Welfare Act. It has developed several progressive policies related to insurance for the elderly. The involvement of the private sector is also developed to provide long-term services for the elderly.

We visited Tokunoshima Island, an island named 'Longevity' and 'Fertility'. Isen City, Kagoshima Prefecture has 53.25% of the population aged 55 years and over (data collection: 1 September 2020). Mr Akira Okubo, the mayor of Isen City, explained programs to serve the elderly. Of the 6,340 residents of Isen City, 309 people (4.9%) are over 90 years old. The community mainly monitors the condition of the elderly through communication contacts and records, which are generally carried out without using a particular digital platform.

Horaikan is a health service and community activity centre managed by the private sector, located near a shopping centre. Bus transportation facilities are provided with many pick-up points that facilitate the mobility of the elderly. To observe the activities of the elderly and their interactions, we meet the elderly who produce fruit juice and the elderly who gather with their groups to play music, sing and dance which shows a happy life atmosphere.

In Tokorozawa, Saitama prefecture, Kuwanomikai is a private community service company, especially elderly health services, which collaborates with various hospitals and dental clinics. Technology is used to monitor and record occupant conditions.

Kojuen, a dementia care home, has a quiet, open-air lounge and technology-enabled bathing facilities. Shinkonjuen is a comfortable home for all users to spend their time peacefully.

We have officially submitted Recommendations for Health Protection and Service Policies to Support a Happy Elderly Life to the Government of Indonesia through the Ministry of Social Affairs and the National Commission

on Human Rights. The main idea in the policy recommendation is that Indonesia needs to ensure that through the regulatory framework, institutions, and resources, provide appropriate support and services for the elderly. Participation and contribution opportunities should be opened to the public, community and the private sector to fulfil and protect the rights of the elderly. Technology support must prioritize the needs of the elderly with a humanist approach. Above all, the synergy of the parties is critical.

Publication of the Results of Research Project:

Verbal Presentation

7 June 2023

Meeting to present a Brief Policy on "Policy for protection and health services to support a happy life for the elderly" to officials at the Directorate of Elderly at the Ministry of Social Affairs - Indonesia -

Presenter: Endang Sri Rahayu

9 June 2023

Meeting to present a Brief Policy on protection policies and health services to support a happy elderly life to the commissioners of the National Human Rights Commission - Republic of Indonesia.

Presenter: Endang Sri Rahayu

Online media: Youtube

Visual documentation of research in the Tokunoshima islands and the city of Tokorozawa to study the life and care of the elderly. The research team also held discussions with academics at the Sophia University of Tokyo about elderly care policies in Japan.

link: <https://youtu.be/9Xwoa1F4iAY>

Brief Policy in Bahasa Indonesia

May 2023

Title:

Rekomendasi Kebijakan:

Kebijakan Perlindungan dan Pelayanan Kesehatan Untuk Mendukung Kehidupan Lansia Yang Bahagia

(Brief Policy: Policy for protection and health services to support a happy life for the elderly"

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