

COMPLETION REPORT

Sekolah Kajian Strategik dan Global, Universitas Indonesia
Yesy Tri Cahyani

Subject of Research Project: The Reasons and Implications for Japanese Elderly Men and Women to Enroll in University for Elderly

This report describes the research work accomplished in the period from October 2022-November 2024 under the support of the Sumitomo Foundation. Under the theme of The Reasons and Implications for Japanese Elderly Men and Women to Enroll in University for Elderly, this project carried out in research locus which are elder universities in four cities in Japan, namely Kitakyushu Nenchousha Daigakkou (in Kitakyushu), Inamino Gakuen Senior College (in Himeji), Osaka Prefecture Senior College (in Osaka), and Rikkyo Second Stage College (in Tokyo). I also conducted research in Himejishi Roujin Kurabu Rengoukai (elderly club in Himeji) and Osakafu Roujin Fukushi Senta (elderly welfare center in Higashiyodogawa, Osaka) as a place for elder's activity in community level. (neighborhood area).

Collecting data to Japan was completed on October 28 - November 28, 2022. Data collection was carried out in form of interviews and group discussion with informants, namely

- 1) Rector of Setagayaku Shougai Daigaku, Tokyo (founder of Rikkyo Second Stage College and former Vice Rector of Rikkyo University)
- 2) Head of Himejishi Roujin Kurabu Rengoukai
- 3) Coordinators of the elderly university in Osakafu Koureisha Daigakkou, Hyogo Inami Gakuen, Kitakyushu Nenchousha Daigakkou, Setagayaku Shougai Daigakkou and Osakafu Roujin Fukushi Senta and
- 4) Students and graduates of the elderly university in Kitakyushu Nenchousha Daigakkou and Osakafu Koureisha Daigakkou

In total, numbers of informants are 26 persons. Furthermore, I also conducted observations of activities at those mentioned elderly university, and collecting literature/ materials/ research documentations.

During the research, there were several obstacles in collecting data related to male and female informants. Based on input from my supervisor, it was decided to change the theme of the research, by eliminating gender perspectives. The current theme is the Strategic Policy of Lifelong Learning Education in Japan: A Case Study of Elderly Participants at Elderly Universities in Kitakyushu, Hyogo, Osaka and Tokyo.

As this project parts of dissertation (especially in below scope no 2 and 3), it aims to analyze how the Japanese Government's lifelong learning policy on special programs in elder's university facilitates elderly citizens to increase social participation, which have an impact on elderly health, as well as challenges in implementing education policies for Japanese elderly. This study is examined within the scope of the education policy process for the elderly in Japan, namely

1. The lifelong learning policy (primary data: interview results, and secondary data: literature study from MEXT Japan)
2. Policy implementation in elder universities curriculum and activities (primary data: interview results, observation, and secondary data: literature)

3. Impacts on students and graduates from elderly college (primary data: interview results of graduate and students of elderly college, and secondary data: website review on opinion of students of elderly college)
4. Challenges of the policy (secondary data: literature).

I will continue to fulfil this project with output as proposed in proposal, gender perspectives in examining the reasons and implications of Japanese elders in elder's university.

The research outputs produced under this project include conference presentation, journal paper and book chapter, in detailed below.

Publication of the Results of Research Project:

Verbal Presentation (Date, Venue, Name of Conference, Title of Presentation, Presenter, etc.)

As a speaker in the 5th Tohoku University International Interdisciplinary Seminary (TUIIS) with the theme: Resilience for Interdisciplinary Research, on November 12, 2024, at Tohoku University, Graduate School of International Cultural Studies, Sendai, Japan.

(Attachment 1. Certificate and Documentation of TUIIS)

Thesis (Name of Journal and its Date, Title and Author of Thesis, etc.)

Article in review status, submitted on October 6, 2024 in "Cakrawala Pendidikan" Journal from Yogyakarta State University (Universitas Negeri Yogyakarta/ UNY) . Title of the article is:

"Empowering the Elderly through Education: A Review of Cultural Perspectives on Policy Case Study: Central Elderly Club at Himeji, Japan, and Elderly School at Yogyakarta, Indonesia"

(Attachment 2. Article in English, and screenshot from journal website)

Book (Publisher and Date of the Book, Title and Author of the Book, etc.)

Book Chapter in Indonesian Book called "Antologi Kajian Sosial dan Budaya Jepang" (The Anthology of Japanese Social and Cultural Studies)

This anthology was written by 11 authors, with each article, published on October 2025.

Title: "Pendidikan pada *Second Life Stage* Lansia Laki-Laki di Jepang" (*Education on Second Life Stage for Elderly Men in Japan*)

(Attachment 3. Published article and Certificate from publisher)

Thesis (Journal)

There will be a plan to publish an article which covers the research achieved in this research project.